## **FREEWAY**





## Episode #1: How to practice English without a partner

**Introduction:** This is Aline Camargo, you are listening to episode 1 of FREEWAY PODCAST.

Hello there, Aline here. It's our first podcast so I don't have much experience in doing that but I'm very excited.

I'd like to start on our first podcast talking about some methods to improve your speaking English language without a speaking partner.

Most people find it difficult to practice English because they don't have a partner to study with or sometimes they go to language schools but when they come back home they don't really have anybody to talk to . Then they kind of forget everything they've learned.

Today we are going to talk about some hints that can help you out learning the language.

We know that the learning process is kind of complicated, I wouldn't say hard.

We need to insert English or any other language we are learning on our daily basis but sometimes we can't do it because we work too much or we don't know how to study or we still need a guide to do that.

However, you're going to have the perfect guide in here to help you out with this studying process.

There we go, the first tip is:

## #1- Think in English: Why?

Because sometimes you insist on translating English into Portuguese and it doesn't really come out good, does it? Nah. It's just... if you keep translating you won't learn English at all. You'll just speak an English version of Portuguese.

You need to learn how to think in English since the first day you start learning the language. If you have a native person to speak with, great, if not, you don't need to go crazy. You just have to try to switch the language. Also you can try using anywhere you' re to develop the language.

Example: You're on a beach, you are walking and you can speak English by



yourself, just thinking in English. Talk to yourself.

It's an excellent idea. Some people might think you are awkward but we do not really care. We are English learners (ha-ha). Actually, this is going to help us out.

**#2-Use a mirror-** You know when you have a mirror at home and sometimes you are getting dressed staring at it?

Pose in front of your mirror and start speaking English just like the videos you've watched, just like the singers and Hollywood actresses or actors. You choose a topic, set a time, two or three minutes and go! Just dive in, you know.

If you speak in the wrong way you' re going to notice, sometimes you are going to laugh, sometimes you won't even recognize if it's wrong or not but this is a good practice for you.

#3- Focus on fluency not grammar- Some students are too focused on learning grammar that they forget the words have sound themselves. So you need to practice the language, how it sounds, how beautiful it is. These grammar mistakes we are going to correct along the way, now you just need to focus on speaking English, how it sounds, so naturally, so greatly.

#4- Try some tongue twisters- Do you know those tongue twisters we usually have in Portuguese? We do have in English too!

That is kind of difficult to practice because we have a lot of sounds that are similar and you need to say that in English, it can be tricky. There I go:\_ Sally sells seashells at the seashore, If Sally sells seashells at the seashore.. (ha-ha) on and on.

Another hint is listening and repeating. Listen to everything you say carefully and repeat them up so when you watch a program, start listening and repeating alone at home.

You don't really need a partner to practice with if you have anger for learning you're going to find your way, the best path by yourself and listening to our English podcast.

So these are the hints to improve your spoken English without a speaking partner.

I hope you guys have a good day. See ya soon. Bye

